



Full Day Kindergarten  
Special Presentation to the Board

Aligned to Methacton's Strategic Plan

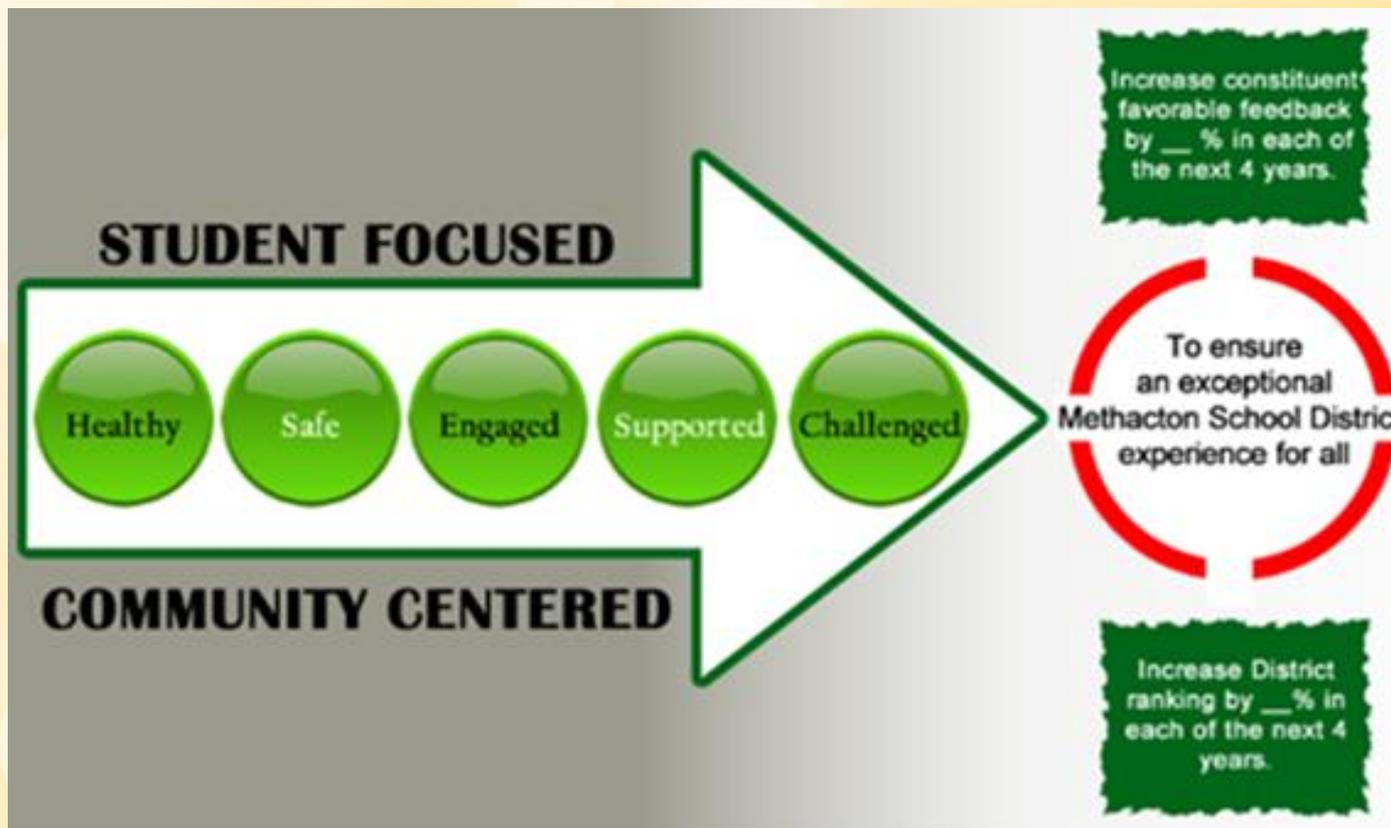


## Purpose of This Presentation

- Provide an explanation of the alignment between a full day kindergarten program and Methacton's strategic plan.
- Provide an opportunity to examine the PA Core Kindergarten standards as they relate to the whole child
- Provide a synopsis of current educational research on the development of the whole child
  - Provide an explanation of possible next steps

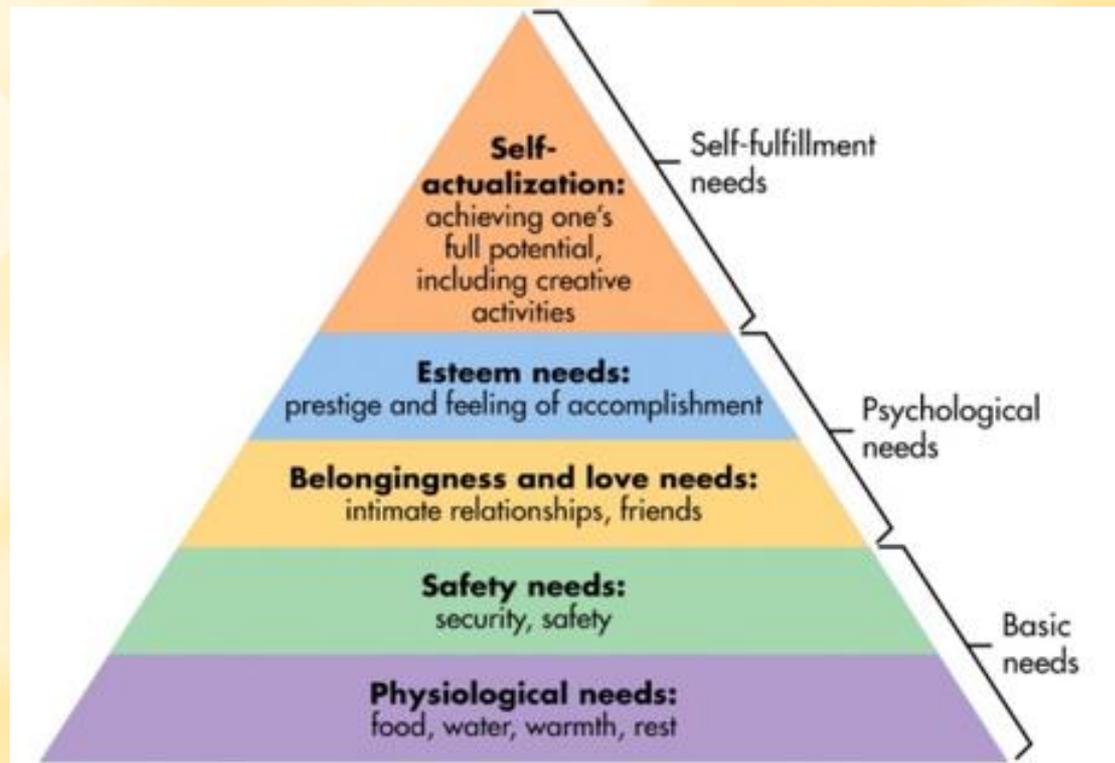


Presentation is Based on Strategic Plan and...





# Maslow's Hierarchy of Needs





# How Full Day Kindergarten Promotes Health

There are four components of health:

- Social
- Emotional
- Physical
- Cognitive

[PA Kindergarten Standards](#)



# Social Health in Kindergarten

Establishing and Maintaining Relationships

- Trust Attachment
- Diversity
- Communication
- Managing Conflict
- Asking for Help

How will teachers “teach” these?

**LEARNING THROUGH PLAY**

Maslow: Love and Belonging



# SCHOOL





# Emotional Health in Kindergarten

## Self Awareness and Self Management

Manages Emotions and Behaviors

Influences on Personal Traits on Achievement

Resiliency

Goal Setting

Decision Making Skills

Understanding Social Norms

Empathy

How will teachers teach these?

LEARNING THROUGH PLAY

Maslow: Self Actualization



## Physical Health in Kindergarten

- Children ages 5-18 should get 60 minutes of moderate to vigorous exercise a day (WHO, 2020)
- Benefits of children who exercise regularly: healthier lifestyles, gross and motor development, higher cognitive achievement, better social skills
  - LEARNING THROUGH PLAY
- Half Day Offers:
  - PE: 30 minutes once a week
  - Recess: 15 minutes a day



# Safety and Security in Kindergarten

Physical Safety

Grouping of Students

Seating Arrangements

Bullying and Aggressive Behaviors

Maslow: Safety Needs



# Engagement in Kindergarten

How the teacher teaches lessons:

For 5 and 6 year olds:

Experiential Opportunities

Movement

Sound

Interactive Learning

Self-directed Activities

LEARNING THROUGH PLAY

Maslow: Self Actualization



## Support in Full Day Kindergarten

A full day kindergarten program can be more inclusive.

Speech, reading support math support, PT, OT, ELL, LS, ES, AS could all be part of the kindergarten classroom

Teachers meet and plan together to ensure all students' needs are met.



## Challenged in Full Day Kindergarten

Full day kindergarten provides time for a teacher to get to know the strengths of each student.

Students are motivated to learn through their interests. **LEARNING THROUGH PLAY**

Teachers can plan instructional and play activities that are student interest driven.

Students develop an excitement and passion for learning.

# SCHOOL

Half Day Kindergarten			
Area of Development	Activity	Minutes	Minutes
	Pack/Unpack	10	10
	Class Meeting/Calendar	10	10
	Special	30	30
	ELA Whole Group	30	25
	ELA Small Group/IE	40	40
	Foundational Literacy (Phonics/phonemic awareness formation)	15	10
	Math	20	15
	Recess/Snack	20	20
Total		2 hrs 55 min	2 hrs 40 min

Science & Social Studies Integration

Full Day Kindergarten		
Area of Development	Activity	Minutes
	Arrival/ Reinforcement Activity	15
	Class Meeting/Social Skills/Wellness	20
	ELA writing instruction/ cross-curricular writing	40
	AM Recess	15
	ELA (phonics, small group and IE, whole group reading instruction)	100
	Lunch	30
	Math (whole group and small group IE)	60
	Special	40
	PM Recess	15
	Snack	10
	Social Studies/Science	30
	Wrap up/ Social Skills/ Read Aloud/Dismissal	15
Total		6 hrs 30 min

## Key Areas of Core Development



Academic



Social



Emotional



## What Did Our Teachers Say?

- Scheduling
- Social/Emotional Development
  - Space Concerns
- Specialists/Counselor/ELL teachers Included
  - Play Learning
- Redefining kindergarten specials
  - Curriculum Review



# Site for Teachers



## Next Steps With Board's Approval:

- Continue research specific to Methacton needs
- Arrange for teachers to engage in PD
- Visit full day kindergarten programs
- Present specific findings to board in October
- Board vote in December



## October's Presentation

- Costs
- Staffing
- Professional Development
  - Space Solutions
  - Cafeteria Issues
  - Curriculum Needs
  - Transportation

Possible Board Vote in December



# Methacton Needs Time to Focus on the Whole Child...





And to Ensure an Exceptional MSD experience  
for All





## Literature Review of Play Based Learning

Power of Play

West Chester Success

Physical Health

Exercise

Cognitive Gains

Quality Kindergarten

Quality Programs

Benefits of Play

More Time for Play